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Driving November 2014

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How Are We Doing?

LTI's - 0 in last 12 months

Location Period	Oil & Gas Base AFR	Oil & Gas Sites AFR	Total AFR
October	0	0	0
12 Month Rolling	0	1.55	1.35

- Statistics presented one month in arrears.
- AFR includes first aid/ medical treatment cases.
- $AFR = (Accidents / Manhours) \times 100,000$

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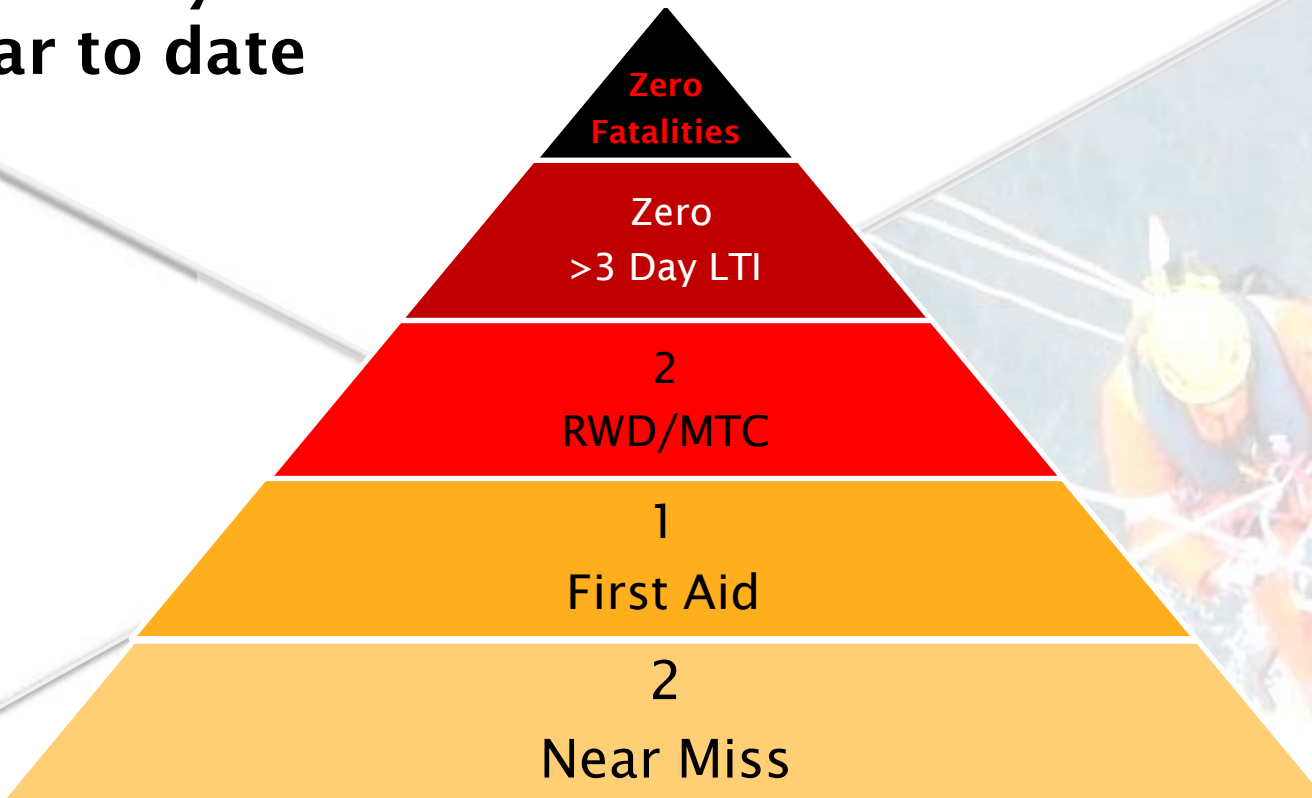
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How Are We Doing?

Summary of incidents year to date



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Introduction

More than a quarter of all road traffic incidents may involve somebody who is driving as part of their work at the time (Department for Transport figures).

Many TRAC employees are required to drive, either to and from work, or as part of their roles.



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Safe Driving

Drug & Alcohol - Any amount of alcohol affects your ability to drive safely. The drink driving limits are due to change on the 5th of December, these changes will be covered in the December campaign, Drugs & Alcohol.

Speed - Do not treat speed limits as a target. It is often not appropriate or safe to drive at the maximum speed limit.

Fatigue - Driving when you are tired greatly increases your risk of collision.

About 40% of sleep-related accidents involve commercial vehicles.



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Careful Driving

- Safe driving and riding needs concentration.
- Avoid distractions when driving.
- You must not use a hand-held mobile phone, or similar device, when driving.
- Using hands-free equipment is also likely to distract your attention from the road.
- You must not smoke in public transport vehicles or in vehicles used for work purposes in certain prescribed circumstances.

You're four times
It's hard to
more likely to have
concentrate on
a road accident
two things
when you're on
at the same time.
a mobile phone.

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Courteous Driving

- **Keep a safe distance** - never get so close to the vehicle in front that you cannot stop safely.
- **Indicators** - give clear signals in plenty of time, having checked it is not misleading to signal at that time.
- **Undertaking/overtaking** - overtake only when it is safe and legal to do so. Never undertake other vehicles.
- **Use of the horn** - use only while your vehicle is moving and you need to warn other road users of your presence. Never sound your horn aggressively.
- You must not use your horn whilst stationary on the road, or when driving in a built up area between 11.30 pm and 7 am - **except** when another road user poses a danger.

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Efficient Driving

- Select the right gear. Change up through the gears and into top gear as soon as possible without accelerating harder than necessary.
- If you're going to be stopped for more than 30 seconds, except in traffic, turn off the engine.
- Make sure your tyres are properly inflated. Under-inflated tires can cause fuel consumption to increase by as much as 6%.

For more tips on efficient driving, and savings that can be made see:

tools.energysavingtrust.org.uk/Travel/Fuel-your-passion

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Winter – Wet Weather

- In wet weather, stopping distances will be at least double those required for stopping on dry roads.
- You should keep well back from the vehicle in front. This will increase your ability to see and plan ahead.
- The rain and spray from vehicles may make it difficult to see and be seen.
- Take extra care around pedestrians, cyclists, motorcyclists and horse riders.



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Winter – Snowy Weather

- Take great care and allow more time for your journey.
- Take an emergency kit - de-icer, ice scraper, torch, warm clothing, boots, first aid kit, jump leads, a shovel, warm drink and emergency food in case you get stuck or your vehicle breaks down.
- Make sure the mirrors are clear and the windows are demisted thoroughly.
- You MUST ensure that lights are clean and number plates are clearly visible and legible.

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Winter – Icy Weather

- Be prepared for the road conditions to change over relatively short distances.
- Avoid sudden actions as these could cause loss of control.
- Drive at a slow speed in as high a gear as possible; accelerate and brake very gently.
- Check your grip on the road surface when there is snow or ice by choosing a safe place to brake gently.

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Consequences

Costs – You will be held liable for any unauthorised costs incurred whilst a vehicle is under your control, this includes both TRAC and hire vehicles.

Legal Penalties – Dependant on offence committed/severity of the offence, your actions could also lead to fines, points on your license, loss of license, criminal record, or even imprisonment.

Corporate Image – Remember you are representing TRAC when driving a company vehicle. Don't do anything that could damage the corporate image.

Sign-off – You are taking responsibility for anything that happens when vehicle has been allocated/issued to you.

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Remember

- Drive safely – Do not speed, or drive when tired or under the influence.
- Use your full concentration on driving. Do not get distracted by mobile phones, passengers etc.
- Drive efficiently – select the right and highest gear.
- In winter weather, drive to the conditions.
- Be prepared for conditions to change quickly.
- Remember the consequences of driving in a reckless manner. Is it really worth it?

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Topics Covered In 2014

- January – Waste Management
- February – Quality Principles
- March – Driving
- April – Drug & Alcohol Awareness
- May – Job Preparation – Quality
- June – Safe Use of Ladders
- July – Confined Space
- August – PPE
- September – Near Miss & Incident Reporting
- October – Manual Handling

If you have missed any of these presentations or would like to review a topic again then please contact your line manager.

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Your behaviour makes a difference

Look after yourself

Look out for others

Use safety equipment

Follow safety procedures



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